# The h-cobordism Theorem 

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## Introduction

Recall that an oriented cobordism between two smooth oriented $m$-dimensional manifolds $M^{m}, M^{\prime m}$ is a smooth oriented $(m+1)$-dimensional manifold $W^{m+1}$ such that the boundary $\partial W$ splits as the disjoint union $\partial W=M \sqcup\left(-M^{\prime}\right)$.


Definition: A $h$-cobordism is a cobordism $\left(W ; M, M^{\prime}\right)$ such that $M$ and $M^{\prime}$ are deformation retracts of $W$. We say that $M, M^{\prime}$ are $h$-cobordant through $W$.
(i) Removing two disjoint discs $D_{1}^{m}, D_{2}^{m} \subset S^{m}$ we obtain a h-cobordism ( $S^{m} ; S^{m-1}, S^{m-1}$ ).
(ii) For a smooth manifold $M$ we have the trivial cobordism $(M \times[0,1], M \times\{0\}, M \times\{1\})$


Theorem: Let $M^{m}, M^{\prime m}$ be compact, simply-connected, oriented $m$-dimensional manifolds which are h-cobordant through a simply-connected $(m+1)$-dimensional manifold $W^{m+1}$. For $m \geq 5$ there exists a diffeomorphism $W \cong M \times[0,1]$ which restricts to the identity from $M \subset W$ to $M \times\{0\} \subset M \times[0,1]$.

Corollary: Under the same conditions, $M$ and $M^{\prime}$ are diffeomorphic.

## High Dimensional Poincaré Conjecture

Claim: Let $m \geq 5$ and let $M^{m}$ be a smooth $m$-dimensional manifold which is homotopy equivalent to $S^{m}$. Then $M^{m}$ is homeomorphic to $S^{m}$.

Proof: We will first prove the claim for $m \geq 6$. We cut two small disks $D_{1}^{m}, D_{2}^{m} \subset M^{m}$ to obtain a h-cobordism
( $\left.M-\left(D_{1} \cup D_{2}\right) ; S^{m-1}, S^{m-1}\right)$. By the above theorem, there is a diffeomorphism

$$
f: M-\left(D_{1}^{m} \cup D_{2}^{m}\right) \rightarrow S^{m-1} \times[0,1]
$$

where $f$ acts as the identity on the lower boundary component $\partial D_{1}^{m}=S^{m-1}$.

Case $m=6$


We wish to extend $f$ over these two missing discs to obtain a homeomorphism $F: M \rightarrow S^{m}$. We may extend $f$ over $D_{1}^{m}$ by patching $f$ with the identity map on $D_{1}^{m}$.

The restriction of $f$ to $\partial D_{2}^{m}=S^{m-1} \rightarrow S^{m-1} \times\{1\}$ is a diffeomorphism. We may radially extend this to a homeomorphism of $D_{2}^{m}$ with itself via the formula

$$
F(r x):=r f(x), x \in \partial D_{2}^{m}, r \in[0,1] .
$$



Patching these extension to $f$ gives a homeomorphism between $M$ and $S^{m}$.

## Case $m=5$

If we follow the same approach for the case $m=5$ we cannot apply the h -cobordism theorem because we have a h-cobordism between two 4-dimensional manifolds.

Instead we use the fact that $M$ exists as the boundary of a 6-dimensional manifold $W$. In fact, the homotopy equivalence $\partial W=M \simeq S^{5}=\partial D^{6}$ can be extended to a homotopy equivalence $W \cong D^{6}$, so $W$ is contractible.

We may cut out a disc $D^{6}$ from the interior of $W$ to obtain a h-cobordism between $S^{5}$ and $M$. Then by the h-cobordism theorem $M$ is diffeomorphic to $S^{5}$.

## Handle Decompositions

Recall that every cobordism ( $W$; $M, M^{\prime}$ ) admits a Morse function $f:\left(W: M, M^{\prime}\right) \rightarrow[0,1]$ and the space of Morse functions on $W$ is an open dense subset of the space of smooth functions on $W$. For a point $c \in[0,1]$ the ascending cobordism of $f$ is $W_{c}:=f^{-1}[0, c]$.

- If there are no critical values of f in $\left[c, c^{\prime}\right] \subset[0,1]$ then $W_{c}^{\prime}$ is diffeomorphic to $W_{c}$.
- If there is a single critical point in $f^{-1}\left[c, c^{\prime}\right]$ of index $k$ then $W_{c^{\prime}}$ is diffeomorphic to $W_{c}$ with a $k$-handle $h^{k}=D^{k} \times D^{m+1-k}$ attached.
We may assume that there are no critical points of $f$ in $\partial W=M \cup M^{\prime}$, otherwise we may perturb $f$ slightly to a form a new Morse function with no critical points on the boundary. In particular there is a collar neighbourhood $M \times[0, \epsilon]$ of $M=f^{-1}(0) \subset W$ to which we can attach a series of handles in order to obtain $W$.

The central idea is to find a Morse function with no critical point, or equivalently to find a handle decomposition of $W$ with no handles.

In this case we have a sequence of diffeomorphisms

$$
W=W_{1} \cong W_{\epsilon} \cong M \times[0, \epsilon] \cong M \times[0,1]
$$

whose composition restricts to the identity on $M \subset W$. We will show that we can slide, reorder, create and cancel handles until there are none left.

## Simplification: Rearranging Handles

Claim: We may rearrange the handles so that they are attached in order of increasing dimension.


1 -hondles
o-hondles

M

Theorem: Let $f: W \rightarrow \mathbb{R}$ be a Morse function. Then we can change $f$ to a Morse function $g: W \rightarrow \mathbb{R}$ which is self indexing and which has the same set of critical points of $f$ and the same Morse index as $f$ for each critical point $p \in \operatorname{Crit}(f)=\operatorname{Crit}(g)$.

Claim: Whenever $i \leq j$, we may slide any $i$-handle off any $j$-handle it meets.

Idea: Suppose we have just attached a $j$-handle to the ascending cobordism $W_{c}$.


$$
\begin{aligned}
& \text { Attach } j \text {-handle } \\
& \text { Altaching phlare } 5^{3-1} \times \text { So3. } \\
& \text { Core D } \times 503 \\
& \text { Belt phere So3 } \times 5^{m-j}
\end{aligned}
$$

The $i$-handle is then attached to the new boundary component $D^{j} \times S^{m-j}$


I-handle attaching sphere $S^{i-1} x\{0\}$ $i$-handle core $\mathrm{D}^{2} \times 503$
$i$-handle belt sphere $503 \times s^{m-i}$

Providing that the attaching sphere of the $i$-handle does not meet the belt sphere of the $j$-handle, we may radially move the $i$-handle off the $j$-handle.


We may be in the case where the $i$-attaching sphere does not meet the $j$-belt sphere, but the thickened attaching $i$-sphere $S^{i-1} \times D^{m-i+1}$ meets the $j$-belt sphere.


In this case we shrink the $i$-handle a little until it does not meet the $j$-belt sphere and then push radially.

Note that the $i$-attaching sphere and the $j$-belt sphere lie in an m-dimensional manifold which exists as the upper boundary of a particular $(m+1)$-dimensional ascending cobordism.

Generically, the intersection $S^{i-1} \cap S^{m-j}$ is of dimension

$$
(i-1)+(m-j)-m=i-j-1
$$

We assumed that $i \leq j$, so generically $S^{i-1}$ and $S^{m-j}$ do not intersect.

Handle Creation and Cancellation
In certain cases when we attach a $k$ handle we may leave a space which is later filled by a $(k+1)$-handle so that the two handles effectively cancel each other out.

Attach a zero handle to $M \times[0, \varepsilon]$


Attach a thandle


We can try a similar trick with a 1-handle and a 2-handle
Attoch a 1 -hondle to $M \times[0, i]$


Attach a 2-handle


2-handle attrabing 3 phere 2-handle core

This can also be done on the level of Morse functions


When can we guarantee that two handles cancel?

## Handle Chain Complex

For a handle decomposition we have the handle chain complex $(C, \partial)$.

The $k$-th chain group $C_{k}$ is the free abelian group on the set of $k$-handles and the differential $\partial_{k}: C_{k} \rightarrow C_{k-1}$ is given by

$$
\partial_{k}\left(h_{\alpha}^{k}\right):=\sum_{h_{\beta}^{k-1}} h_{\beta}^{k-1}<h_{\alpha}^{k} \mid h_{\beta}^{k-1}>h_{\beta}^{k-1}
$$

The incidence number $<h_{\alpha}^{k} \mid h_{\beta}^{k-1}>$ is defined to be the intersection number of the attaching sphere of $h_{\alpha}^{k}$ and the belt sphere of $h_{\beta}^{k-1}$.

## Conditions For Cancellation



A necessary condition for cancellation of $h_{\beta}^{k-1}$ with $h_{\alpha}^{k}$ is that

$$
\partial_{k} h_{\alpha}^{k}= \pm h_{\beta}^{k-1}
$$

That is the attaching sphere of $h_{\alpha}^{k}$ has algebraic intersection number $\pm 1$ with the belt sphere of $h_{\beta}^{k-1}$ and has algebraic

For a sufficient condition we need more, namely the attaching sphere of $h_{\alpha}^{k}$ must geometrically intersect the belt sphere of $h_{\beta}^{k-1}$ in exactly one point.


In terms of using the Whitney trick to geometrically realise algebraic intersection numbers, we are presented with the following diagram


By composing a path from $P$ to $Q$ in the attaching sphere of $h_{\alpha}^{k}$ with a path from $Q$ to $P$ in the belt sphere of $h_{\beta}^{k-1}$ to obtain a loop in $W$.

We seek to find an embedded disk in the complement of these two spheres whose boundary is this loop. We can then separate the spheres by smoothly pulling one of them along the disc.



A key step is to show that the complement of the two spheres in $W$ is still simply connected, so that any loop in this space bounds an immersed disk, and then to perturb the immersion to an embedding.

Suppose that we label our $k$-handles $1,2, \ldots, \operatorname{rank}\left(C_{k}\right)$ and similarly label our $(k-1)$-handles $(k-1)$-handles $1,2, \ldots, \operatorname{rank}\left(C_{k-1}\right)$. If $h_{i}^{k}$ cancels with $h_{j}^{k-1}$ then $\partial_{k}\left(h_{i}^{k}\right)= \pm h_{j}^{k-1}$.

Removing these two handles means that we remove $h_{i}^{k}, h_{j}^{k-1}$ as generators and we also remove the $j$-th row and the $i$-th column of the matrix of $\partial_{k}$.

Handle creation does the opposite, we add a row and a column which share a common value 1 , but take the value 0 otherwise.

## Handle Trading and Sliding

Idea: Given a $k$-handle, try to create a cancelling pair of $(k+1)$ and $(k+2)$-handles such that the $(k+1)$-handle cancels with the $k$-handle, that is we trade a $k$ handle for a $(k+2)$-handle.

Theorem: We can trade all 0-handles for 2-handles and all 1 -handles for 3 -handles.

We can also side a $k$-handle over an $k$-handle.


## Handle Trading and Sliding



The attaching sphere of the sliding handle travels over a parallel copy of the core of the stationary handle. If $h_{\alpha}^{k}$ slides over $h_{\beta}^{k}$ then the boundary map changes as if we replace the basis element $h_{\alpha}^{k}$ by $h_{\alpha}^{k} \pm h_{\beta}^{k}$.

Keeping the basis fixed, this has the effect of changing the matrix of the boundary map $\partial_{k}: C_{k} \rightarrow C_{k-1}$ by elementary row and column operations.

## Dual Handle Decomposition

If $f: W \rightarrow[0,1]$ is a Morse function then so is $-f: W \rightarrow[-1,0]$ where $\operatorname{Crit}(f)=\operatorname{Crit}(-f)$ but a criticial point $p$ of $f$ of index $k$ is now a critical point of $-f$ of index $m+1-k$.

This yields a handle decomposition where we replace $k$-handles by $(m+1-k)$-handles. We may then

- Trade all 0-handles and 1-handles for 2 and 3 -handles in the handle decomposition of $f$ and flip to obtain a handle decomposition with no $m$ or $(m+1)$-handles.
- Further trade all 0-handles and 1-handles to obtain a handle decomposition with no $0,1, m$ or $(m+1)$-handles.
- Flip one more time to obtain a handle decomposition with no $0,1, m$ or $(m+1)$-handles.


## The Final Assault

We have obtained a handle decomposition with no $0,1, m$ or ( $m+1$ )-handles, so the handle chain complex looks like

$$
0 \rightarrow C_{m-1} \xrightarrow{\partial_{m-1}} C_{m-2} \xrightarrow{\partial_{m-2}} \ldots \rightarrow C_{3} \xrightarrow{\partial_{3}} C_{2} \rightarrow 0
$$

The homology of this chain complex coincides with the relative homology groups $H_{*}(W, M ; \mathbb{Z})$. However the fact that ( $W: M, M^{\prime}$ ) is a $h$-cobordism and $W, M, M^{\prime}$ are all simply connected means that the homology $H_{*}(W, M ; \mathbb{Z})$ is zero.

So this chain complex is exact. So $\partial_{3}$ is surjective and since its image $C_{2}$ is free, $\partial_{3}$ splits. This gives a decomposition of $C_{3}$ as

$$
C_{3} \cong \operatorname{Im} \partial_{4} \oplus \operatorname{coker} \partial_{4}=\operatorname{ker} \partial_{3} \oplus \operatorname{coker} \partial_{4}
$$

In particular the restriction $\partial_{3}:$ conker $\partial_{4} \rightarrow \operatorname{Im} \partial_{3}$ is an isomorphism. Since the image of $\partial_{4} \leq C_{3}$ is also free abelian, we can play the same game to obtain a diagram


Then each boundary map $\partial_{k}: C_{k} \rightarrow C_{k-1}$ passes to an isomorphism $\partial_{k}:$ Coker $_{k+1} \rightarrow \operatorname{Im} \partial_{k}$. This allows us to diagonalise by elementary row and column operations i.e. by sliding handles, handle creation and handle cancellation. Since these integer matrices are all invertible, the diagonal must consists of 1 's and -1 's. Reversing orientations if necessary we can assume that all non-zero elements are equal to 1 .

This means that all handles are $\partial$-paired i.e. for any $k$-handle $h_{\alpha}^{k}$ either

- there is a $(k-1)$-handle $h_{\beta}^{k-1}$ such that $\partial_{k} h_{\alpha}^{k}=h_{\beta}^{k-1}$
- there is a $(k+1)$-handle $h_{\gamma}^{k+1}$ such that $\partial_{k+1} h_{\gamma}^{k+1}=h_{\alpha}^{k}$

So the set of handles cancel algebraically in pairs, which in turn gives a total geometric cancellation and a handle decomposition with no handles!

## The end!

